

invited review

Extracellular cAMP inhibits proximal reabsorption: are plasma membrane cAMP receptors involved?

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Bankir, Lise, Mina Ahloulay, Peter N. Devreotes, and Carole A. Parent. Extracellular cAMP inhibits proximal reabsorption: are plasma membrane cAMP receptors involved? *Am J Physiol Renal Physiol* 282: F376–F392, 2002; 10.1152/ajprenal.00202.2001.—Glucagon binding to hepatocytes has been known for a long time to not only stimulate intracellular cAMP accumulation but also, intriguingly, induce a significant release of liver-borne cAMP in the blood. Recent experiments have shown that the well-documented but ill-understood natriuretic and phosphaturic actions of glucagon are actually mediated by this extracellular cAMP, which inhibits the reabsorption of sodium and phosphate in the renal proximal tubule. The existence of this “pancreato-hepatorenal cascade” indicates that proximal tubular reabsorption is permanently influenced by extracellular cAMP, the concentration of which is most probably largely dependent on the insulin-to-glucagon ratio. The possibility that renal cAMP receptors may be involved in this process is supported by the fact that cAMP has been shown to bind to brush-border membrane vesicles. In other cell types (i.e., adipocytes, erythrocytes, glial cells, cardiomyocytes), cAMP egress and/or cAMP binding have also been shown to occur, suggesting additional paracrine effects of this nucleotide. Although not yet identified in mammals, cAMP receptors (cARs) are already well characterized in lower eukaryotes. The amoeba *Dictyostelium discoideum* expresses four different cARs during its development into a multicellular organism. cARs belong to the superfamily of seven transmembrane domain G protein-coupled receptors and exhibit a modest homology with the secretin receptor family (which includes PTH receptors). However, the existence of specific cAMP receptors in mammals remains to be demonstrated. Disturbances in the pancreato-hepatorenal cascade provide an adequate pathophysiological understanding of several unexplained observations, including the association of hyperinsulinemia and hypertension, the hepatorenal syndrome, and the hyperfiltration of diabetes mellitus. The observations reviewed in this paper show that cAMP should no longer be regarded only as an intracellular second messenger but also as a first messenger responsible for coordinated hepatorenal functions, and possibly for paracrine regulations in several other tissues.

Dictyostelium discoideum; liver; adipose tissue; glucagon; epinephrine; parathyroid hormone; insulin; hypertension; hepatorenal syndrome; diabetes mellitus; sodium; phosphate

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GLUCAGON, A PANCREATIC HORMONE secreted after ingestion of proteins, has been known for a long time to be natriuretic and phosphaturic (56, 66, 105, 142) and to increase renal blood flow and glomerular filtration rate

(GFR) when infused by an intravenous (iv) route (142) or into the portal vein (141) but not directly into the renal artery (28, 67, 141). The mechanism by which these actions were induced remained poorly understood despite significant efforts. The phosphaturic action of glucagon did not depend on a secondary rise in parathyroid hormone (PTH) because it was not prevented by prior thyro-parathyroidectomy (37, 101). With regard to the hemodynamic effect, several authors reported that it was observed only when glucagon plasma levels are raised far above values observed in normal physiological situations (122). Others continued to think of a physiological role of glucagon in the protein-induced hyperfiltration because changes in plasma glucagon concentration, but in no other hormone, exhibited a highly significant correlation with the simultaneous changes in GFR seen after iv infusion of various amounts of amino acids (71). Some authors have proposed that the renal actions of glucagon were mediated by a factor originating from the liver (and named "glomerulopressin" in some studies) (5, 10, 140, 141).

Our own studies led us to identify this factor and to unravel a novel regulatory pathway by which glucagon regulates, indirectly, several aspects of renal function. First, we established that the natriuretic, phosphaturic, and renal hemodynamic actions of glucagon required increases in plasma glucagon that were only three- to fivefold above physiological circulating levels but were physiological for the liver. Indeed, the liver is exposed to higher concentrations of pancreatic hormones than are peripheral tissues because these hormones are released directly in the portal vein and are subsequently partially degraded or internalized in hepatocytes and diluted in peripheral blood (5, 7). The marked increase in phosphate excretion induced by glucagon could originate only from an inhibition of solute reabsorption in the proximal tubule, the main site of phosphate reabsorption in the kidney, as confirmed by micropuncture experiments (147). However, no specific binding of radiolabeled glucagon has been found in this nephron segment (38). Because glucagon was known to induce a rise in the concentration of cAMP in the blood, due to the release of cAMP by the liver (30, 77, 159, 162), we hypothesized that cAMP could have a direct influence on renal function. In support of this hypothesis, we observed in our experiments a highly significant correlation between the glucagon-induced changes in plasma cAMP concentration ($[P_{cAMP}]$) and in fractional phosphate excretion (Fig. 1A) (6). Next, we showed that iv infusion of exogenous cAMP induced marked increases in sodium and phosphate excretion (Fig. 1B), very similar to those observed after glucagon infusion (6). An increase in GFR occurred only after the combined infusion of cAMP (mimicking glucagon-induced hepatic release) and of a low dose of glucagon, inducing a physiological increase in peripheral glucagon concentration susceptible to act directly on distal segments of the nephron where specific receptors, glucagon-respon-

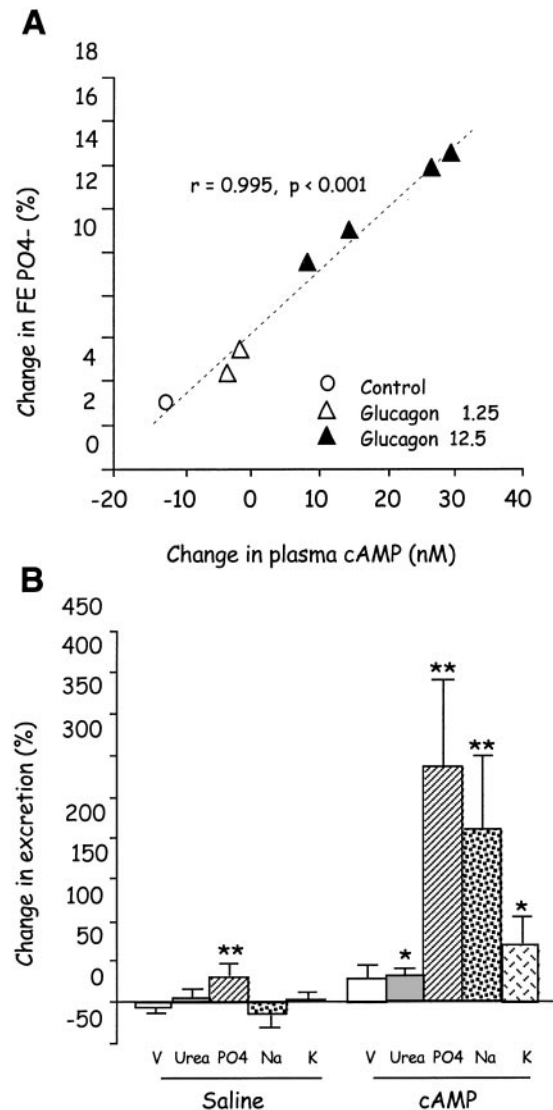


Fig. 1. A: relationship between changes in plasma cAMP and changes in fractional excretion of phosphates ($FE_{PO_4^{3-}}$) induced by infusion of isotonic saline (control, \circ) or glucagon at 1.25 or 12.5 $ng \cdot min^{-1} \cdot 100 g \text{ body wt}^{-1}$ (Δ and \blacktriangle , respectively) in 7 anesthetized rats. Basal plasma cAMP and $FE_{PO_4^{3-}}$ were 49 $nmol/l$ and 6.0%, respectively. The regression line (dashed line) and correlation coefficient (r) are shown. B: changes in the excretion of water (V = urine flow rate), urea, phosphates, sodium, and potassium induced by intravenous (iv) infusion of either isotonic saline ($n = 4$) or cAMP (5 $nmol/min$, $n = 4$) in anesthetized rats (means \pm SE). Because glomerular filtration rate was not altered by the infusions, the increases in excretion seen after cAMP infusion originate only from a reduction in the tubular reabsorption of the different solutes. Adapted from Ref. 6. * $P < 0.05$, ** $P < 0.01$: paired t -test between control and experimental periods in the same rats (control = 40–0 min before, and experimental = 40 to 80 min after the beginning of experimental infusions).

sive adenylyl cyclase, and transport responses have been identified (6, 7, 38, 117).

These studies revealed that glucagon participates in the regulation of several aspects of renal function by a novel pathway, the "pancreato-hepatorenal cascade" (16). This cascade provides adequate explanations for a number of as yet ill-understood pathophysiological ob-

servations. The cellular mechanism by which cAMP influences the function of the renal proximal tubule is not yet elucidated, but we postulate that it might involve the binding of the nucleotide to specific membrane receptors, alike those characterized in the amoeba *Dictyostelium discoideum* (described below). This paper will review a number of observations that support this novel regulatory pathway and provide evidence that extracellular cAMP plays an important role as an interorgan and/or a paracrine extracellular mediator in the kidney and other mammalian tissues.

cAMP IS AN EXTRACELLULAR MEDIATOR

Several decades ago, the role of cAMP as an intracellular second messenger in the action of peptidic hormones was described (166). Most cells have a relatively low permeability to this nucleotide. The intracellular concentration of cAMP thus usually depends on the balance between the rate of its production through adenylyl cyclase and the rate of its degradation into AMP through specific phosphodiesterases. However, some reports mentioned that cAMP was extruded in large amounts from some cell types. For example, addition of glucagon to an isolated, perfused rat liver led to a large increase in cAMP concentration not only in the tissue but also in the perfusate (59, 133), and acute administration of glucagon in humans results in a dose-dependent increase in circulating $[P_{cAMP}]$, as shown in Fig. 2 (1, 30, 77, 159). Some investigators proposed that this egress was used by cells to regulate their intracellular cAMP concentration (72, 177). However, others stated that this was unlikely because of the energetic cost of this pathway, requiring the per-

manent de novo synthesis of adenine nucleotides. Rather, they assumed that cAMP released by the liver might be involved in an unknown action on a distant organ (18, 94, 99). This daring conclusion received direct support 30 years later (6, 16).

The likelihood that cAMP is an extracellular mediator is supported by the following facts. 1) This nucleotide is actively exported into the blood (or at least into local interstitial fluids) by several cell types, while being impermeant in most others. 2) Extracellular cAMP has been shown to bind specifically to the plasma membrane of several cell types. 3) Extracellular cAMP has been shown to influence several specific functions in distinct cell types.¹

Egress of cAMP From Various Cell Types

Demonstration of cAMP egress in vitro and in vivo. Soon after the discovery of the role of cAMP as a second messenger, several studies reported the presence of the cyclic nucleotide in plasma and urine (29, 166). This suggested that cAMP could be exported out of the cells (18, 33). Table 1 lists the tissues and/or cell types from which an egress of cAMP has been demonstrated in vitro and the hormonal factors that stimulate this egress. These cell types include hepatocytes, epithelial cells of the glomerulus, and cells of the renal proximal tubule, erythrocytes (largely studied in birds; only a few studies in mammals), adipocytes, myocardium, fibroblasts, and some cells of the central nervous system. The transport of cAMP out of the cells occurs against a concentration gradient and requires energy (secondary active transport). It is sensitive to temperature and to pH and is inhibited by probenecid. The transporter involved in cAMP exit (or entry in some cases) is the organic acid cotransporter (25, 48, 49, 94, 133, 136, 137, 164, 171, 176, 180). The mechanism of cAMP efflux from cells has recently been reviewed (126).

cAMP release from different organs has also been characterized in vivo. Acute administration of glucagon by iv route in rats, dogs, and humans results in a prompt, dose-dependent, and reversible rise in plasma and urinary cAMP (with a larger rise in plasma than in urine) (30, 77, 148, 159, 162) (Fig. 2). In this case, the liver is responsible for the release of cAMP in the blood, and some of it is further filtered and excreted by the kidney (30, 48, 49, 77). Epinephrine infusion in humans also increases $[P_{cAMP}]$ (15, 21, 30), but to a much lesser extent than glucagon (30), and induces only a modest increase in the urinary excretion of cAMP (15). Note that these glucagon and catecholamine effects are strongly attenuated by prior ethanol ingestion (64). Finally, PTH increases both plasma and urinary cAMP, due to the release of cAMP by its target cells in the renal proximal tubule (43, 92, 102, 168). With this

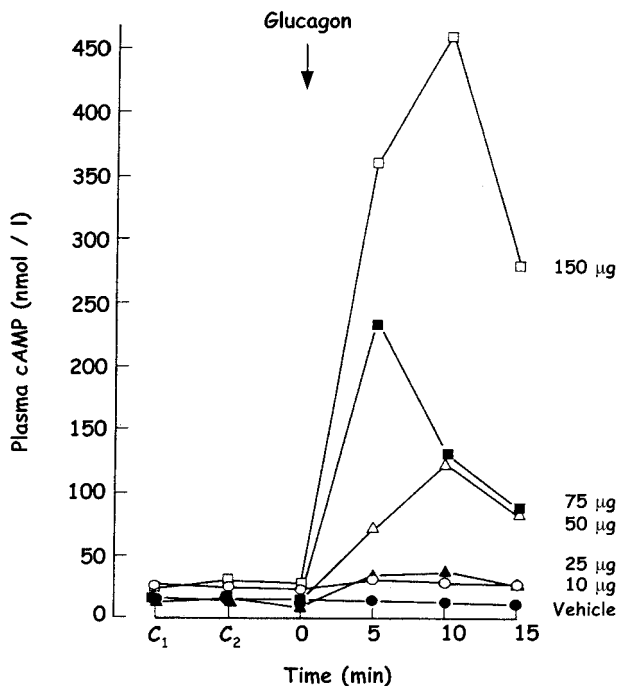


Fig. 2. Dose-dependent effect of acute iv injection of glucagon on plasma cAMP concentration during subsequent 15 min in healthy humans. Adapted from Ref. 77.

¹It is conceivable that cGMP, the second messenger of ANP and nitric oxide, may also behave as an extracellular mediator because, like cAMP, it is released in the blood in significant amounts by several cell types, and a few studies have demonstrated functional effects of this mediator when infused intravenously or in the nephron lumen. However, this topic is beyond the scope of the present review.

Table 1. *cAMP* egress from various cell types in mammals and birds (*in vitro* studies only)

Tissue	Cell Type	Species	Stimulating Factor	Ref. No(s).
Liver	Hepatocytes or isolated, perfused liver	Rat	Glucagon, epinephrine	46, 59, 133, 176
Kidney	Isolated proximal tubule	Rat	PTH	25, 136, 137
	LLC-PK ₁ cells (epithelial cell line)	Pig	Vasopressin*	164
Adipose tissue	Glomerular epithelial cells	Human	PGE ₂	12
	Fresh adipocytes or cultured fibroblasts	Rat/pig/human	Glucagon, epinephrine, PGE ₁ , forskolin, isoproterenol	35, 36, 40, 62, 94, 181
Brain	Astrocytes, glial cells	Rat/dog	Norepinephrine, isoproterenol	139, 145, 146, 161
Blood	Erythrocytes (nucleated in birds)	Pigeon/chicken/turkey	Epinephrine, norepinephrine, isoproterenol	14, 18, 34, 51, 72, 99
	Erythrocytes or erythrocyte ghosts	Rat/human	Isoprenaline	80, 177
Heart	Isolated, perfused heart	Rat	Isoprenaline	124
Vasculature	Aortic smooth muscle cells	Pig	Adenosine	60
Lung	Diploid fibroblasts	Human	PGE ₁	94
	WI-38 and VA13 cell lines			

*The LLC-PK₁ cell line originates from nonselected pig kidney cells. When cultured on permeant supports, these cells exhibit a mixed proximal/distal phenotype. They respond to vasopressin, whereas native proximal tubule cells do not. PTH, parathyroid hormone.

hormone, the rise in urinary *cAMP* is larger than that in plasma (167), suggesting that proximal cells secrete intracellularly produced *cAMP* (“nephrogenous” *cAMP*) through both their apical and basolateral membranes, but more so through the former than the latter (37, 102). This preferential luminal release was confirmed *in vitro* in LLC-PK₁ cells and in opossum kidney cells (68, 69, 164).

By measuring arteriovenous concentration differences in dogs, the whole head (probably the brain) has been shown to release *cAMP* in response to infusion of the β -adrenergic agonist isoproterenol (9). With the use of microdialysis probes implanted in the brain of rats, an ischemia-induced *cAMP* release was documented in the extracellular space of the striatum (139) and a stress-induced *cAMP* release in the frontal cortex (161). Urinary *cAMP* excretion has been reported to be increased in manic, and reduced in depressed patients (1, 130), also suggesting a relationship between extracellular *cAMP* levels and neuroendocrine functions. Physical activity in humans (125) and stress in hamsters (induced by graded footshock) (84) were also reported to enhance [*P*_{*cAMP*}], probably as a result of adrenergic stimulation, but the organs responsible for this increase are unknown.

Vasopressin and extracellular cAMP. Several early studies showed that vasopressin (AVP or LVP), a hormone acting primarily on the renal collecting duct, did not induce any increase in [*P*_{*cAMP*}] or in urinary *cAMP* excretion (37, 43, 92). However, dDAVP [desamino, 8-D arginine vasopressin, an antidiuretic V₂-receptor agonist of AVP devoid of V_{1a} pressor action (143)], was later observed to induce a significant rise in [*P*_{*cAMP*}] in dogs and humans (21, 106). This effect seems to be slower than that of glucagon or PTH, and the origin of the *cAMP* has yet to be identified. It is not the kidney, because the rise in [*P*_{*cAMP*}] is still observed in binephrectomized dogs (106). Moreover, it is doubtful that collecting ducts, which represent only a small percentage of kidney tissue (i.e., probably not even 20 g in humans), could release enough *cAMP* to signifi-

cantly change its plasma level. The existence of extrarenal V₂-like AVP receptors, possibly located in the endothelium, has been proposed (92a). They could mediate the vasodilatory effects observed in the peripheral vascular bed and the kidney after dDAVP infusion (78, 120, 175, 178). dDAVP, which has long been assumed to be a selective agonist of V₂ receptors, has recently been shown to bind with an equally high affinity to vasopressin V_{1b} receptors (149), which are abundant in pancreatic islets. Moreover, several studies have shown that AVP and dDAVP are able to stimulate insulin and glucagon release from the isolated, perfused rat pancreas (54, 179). This raises the possibility that the dDAVP-induced rise in *P*_{*cAMP*} could be indirectly mediated by glucagon and its effects on the liver. Further studies are required to identify the tissue responsible for the dDAVP-induced rise in [*P*_{*cAMP*}].

Distinct influence of glucagon, epinephrine, and insulin on cAMP egress from hepatocytes and adipocytes. In the liver, both glucagon and epinephrine share *cAMP* as a second messenger and regulate metabolic functions. However, in the 1970s several investigators observed that, for doses of the two hormones inducing the same maximum metabolic effects, glucagon induced a far greater release of *cAMP* in the perfusate (*in vitro*), or increase in blood (*in vivo*), than did epinephrine (22, 30, 59, 74, 128, 133). This suggests that glucagon, but not epinephrine, could initiate liver-dependent actions on a peripheral organ. In contrast to the liver, *cAMP* release from adipose tissue seems to be greater under the influence of epinephrine than under that of glucagon, despite effects of similar amplitude on lipolysis (181). However, the release of *cAMP* by adipocytes *in vitro* was detectable only in the presence of theophylline, a phosphodiesterase inhibitor, suggesting rapid local degradation of the nucleotide (181). Thus, *cAMP* release by adipose tissue possibly plays only a paracrine role. A preliminary study in four healthy volunteers after an overnight fast revealed a modest positive venoarterial difference in *cAMP* con-

centration (+10%) through adipose tissue (115). To our knowledge, the influence of epinephrine administration on cAMP release by adipose tissue *in vivo* has not been studied so far. Nor has any study looked for a possible relationship between $[P_{cAMP}]$ and obesity, but it is interesting to note that adipocytes isolated from a woman with a high body mass index released twice as much cAMP *in vitro* than adipocytes from two other women with lower body mass indexes (40). In summary, glucagon and epinephrine, two hormones that both act simultaneously on liver and adipose tissue and induce similar metabolic effects with the same second messenger, might additionally exert different endocrine and/or paracrine actions because in each of these two tissues only one of them also stimulates the release of cAMP from the cells sufficiently to alter $[P_{cAMP}]$.

It is well documented that the magnitude of the glucagon-induced release of cAMP (as well as intracellular cAMP concentration) is reduced dose dependently by insulin because insulin activates a membrane phosphodiesterase that degrades the cAMP formed in hepatocytes in response to glucagon (110, 133). Accordingly, the intensity of the metabolic actions of glucagon, the hepatic release of cAMP (or release by adipose tissue), and the rise in plasma (or medium) cAMP depends on the ratio between glucagon and insulin concentrations rather than on glucagon concentration alone (39, 57, 58, 109, 129, 133, 157, 181). This fact may explain why the intensity of some effects suspected to depend on glucagon (e.g., the rise in GFR) did not correlate with the rise in plasma glucagon concentration (20). When insulin secretion was also altered by the experimental protocol, the observed response was most likely dependent on the glucagon-to-insulin ratio, not just on glucagon (44).

Binding of cAMP to Various Cell Types

Several studies have shown that cAMP can bind to the plasma membrane of different cells. In 1975, Insel et al. (87) demonstrated that cAMP binds to brush-border membranes isolated from rabbit renal cortex in a temperature-sensitive and reversible manner (Fig. 3A), and Forte et al. (63) reported similar findings with a plasma membrane-enriched fraction issued from porcine renal cortex. The range of cAMP concentrations used in these studies corresponds to physiological concentrations encountered in mammalian plasma (10–50 nM). Several other cyclic purine nucleotides can displace cAMP binding, however, with a much lower affinity (87) (Fig. 3B).

More recently, a significant and specific binding of cAMP in murine bone marrow cells was reported (131). This binding is saturable, reversible, inhibited by cAMP analogs, and prevented by trypsin. The apparent dissociation constant (K_d) at a temperature of 0°C was 2.7×10^{-5} M and the calculated number of receptors 1.8×10^6 molecules/cell. Experiments with various analogs and antagonists led the authors to conclude that extracellular cAMP interacts with unconventional

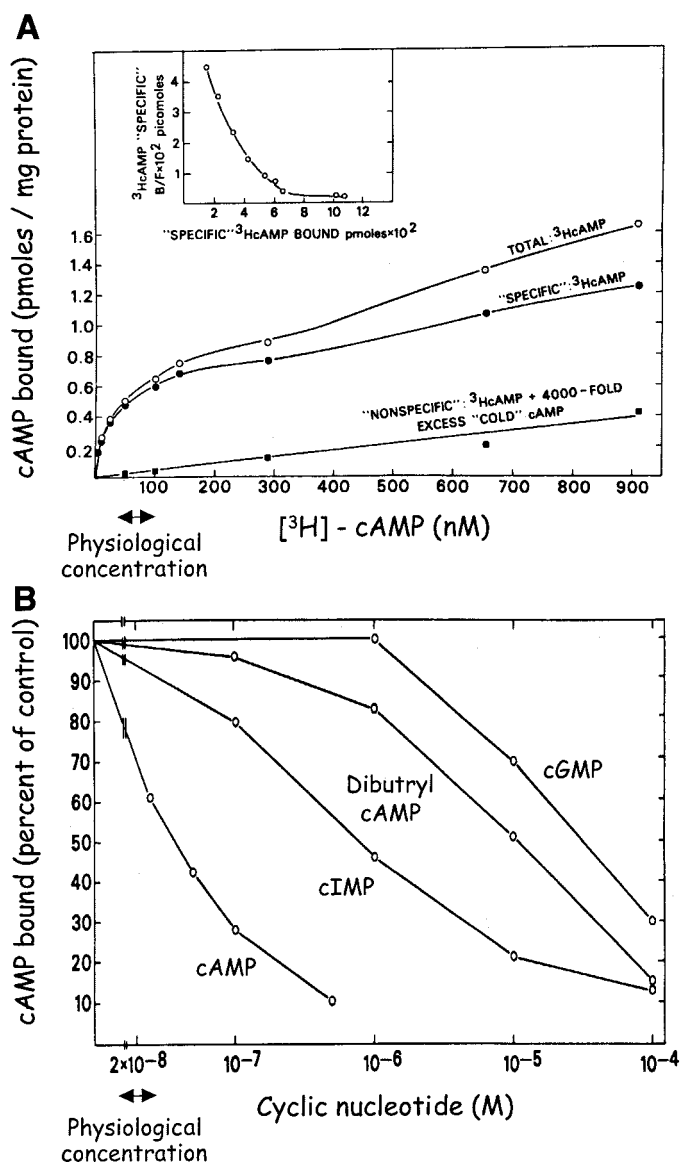


Fig. 3. A: relationship between the concentration of cAMP in the medium and the amount of nucleotide bound to renal brush-border membranes isolated from rabbit kidney cortex. B: effect of cold cAMP and several other cyclic purine nucleotides on the binding of tritiated cAMP to renal brush-border membranes. In both A and B, the physiological concentration of cAMP in plasma is also shown. Adapted from Ref. 87.

purinoreceptors, different from previously known P1 and P2 receptors (131).

Effects of Extracellular cAMP on Effector Tissues

In many experiments, permeant analogs of cAMP, such as dibutryl cAMP or 8-bromo-cAMP have been used to mimic the effects of hormonal stimulation on target tissues because cAMP was known not to penetrate cells to a significant extent. However, in a few cases, cAMP itself was used, leading to the disclosure of a well-characterized influence of extracellular cAMP on several aspects of renal, metabolic, and cardiac functions (6, 37, 83, 101, 103).

Effects on renal function. Early studies clearly established that iv cAMP infused in parathyroidectomized animals induced a marked increase in phosphate excretion, mimicking the effects of PTH or glucagon (19, 37, 83, 101). In rats with intact parathyroid glands, recent experiments also revealed that cAMP infusion increased fluid, sodium, and phosphate excretion (Fig. 1B) and, in some conditions, also contributed to increase GFR (6). The molecular mechanism by which cAMP exerted these effects could not be deduced from those studies. Ahloulay et al. (6) proposed that cAMP could be transported into proximal tubule cells by the organic acid cotransporter and that its accumulation in these cells could mimic that induced by adenylyl cyclase activation by PTH. However, this explanation seems unlikely for the following reasons. First, the affinity of the organic acid cotransporter for cAMP is not high enough to enable the uptake of a sufficiently large amount of cAMP into the cells (136, 171). Second, the maximum rise in fractional phosphate excretion induced by glucagon infusion occurs with only a doubling of $[P_{\text{cAMP}}]$ (Fig. 1A). This twofold increase, even if followed by a proportional rise in cAMP uptake by proximal tubule cells, could not provide an increase in intracellular cAMP concentration sufficient to mimic that resulting from adenylyl cyclase activation and to account for the large reduction observed in phosphate reabsorption. Finally, concentrations of cAMP as low as 10^{-10} M (i.e., lower than usual plasma levels and much lower than intracellular levels reached after hormonal stimulation), when applied lumenally, were shown to inhibit fluid reabsorption in rat proximal tubule. This suggests the existence of receptor sites on the surface of the luminal cell membrane with a high affinity for cAMP (19).

Thus we now favor the hypothesis that cAMP could act on the proximal tubule by binding to specific membrane receptors, probably located in the brush border (87) (see below). Accordingly, filtered cAMP rather than peritubular cAMP could be involved in the regulation of proximal reabsorption. The fact that both sodium and phosphate excretions are altered in parallel and to a similar extent suggests that extracellular cAMP inhibits the Na-P_i cotransporter, as does PTH (4, 69). This is also suggested by recent studies in opossum kidney cells (68). It has been proposed that adenosine, resulting from cAMP degradation, could mediate this effect (69). In vitro studies have shown some degradation of extracellular cAMP to adenosine (112, 176). On the other hand, in vivo studies with radiolabeled cAMP have shown that extracellular cAMP does not undergo extensive degradation in biological fluids because these fluids contain only little phosphodiesterase activity (37, 47). Moreover, although adenosine infusion tends to lower renal hemodynamics, cAMP contributes to its increase (6), and degradation of endogenous adenosine by adenosine deaminase actually potentiates glucagon-induced hyperfiltration (11). Most probably, both nucleotides have their own independent influence on renal function.

Once filtered in the glomerulus, cAMP is not significantly reabsorbed or degraded. Thus it should be progressively concentrated (3- to 4-fold) in the lumen of the proximal tubule as a result of fluid reabsorption. Accordingly, cAMP concentration should increase progressively toward the pars recta, the segment in which the strongest change in phosphate transport is observed in response to either glucagon or PTH infusion and in which the final regulation of phosphate excretion is achieved (101, 147). Possibly, in addition to filtered cAMP, nephrogenous cAMP, extruded into the tubular lumen after PTH action on the proximal tubule, may also act downstream in the proximal straight tubule (69). In the aggregate, this information suggests that the cAMP-induced reduction in proximal reabsorption could be mediated by luminal cAMP rather than (or in addition to) plasma cAMP, as already discussed (19, 37, 65, 69). It is conceivable that the putative cAMP receptors are coupled to adenylate cyclase and result in further cAMP formation and secretion (as in *D. discoideum*; see below) because glucagon infusion in parathyroidectomized rats as well as in patients with hypoparathyroidism has been shown to induce a marked, but delayed, increase in nephrogenous cAMP excretion (urinary excretion largely exceeding the filtered amount) (148). Of note is the observation that cAMP addition by the proximal tubule in the urine was also observed in chronically parathyroidectomized rats, suggesting the existence of another source of nephrogenous cAMP besides PTH (102).

In summary, glucagon appears to exert simultaneous and coordinated actions on the liver and the kidney through a pancreato-hepatorenal cascade. The effects on the liver are mediated by the usual binding of the hormone to its specific receptors whereas the effects on the kidney depend, at least in part, on the release and subsequent distant action of liver-derived cAMP on the proximal tubule, possibly by binding to cAMP receptors. Several findings suggest that luminal (filtered) rather than peritubular cAMP could be involved, binding to specific membrane receptors in the brush-border membrane. This interorgan link creates a synergy between the metabolic functions of the liver and the excretory functions of the kidney, which are both required to be simultaneously stimulated after the ingestion of a protein meal, or during a prolonged fast, when endogenous tissues rather than nutrients are catabolized (5, 7, 17).

Effects on other tissues. Besides its influence on the renal proximal tubule, extracellular cAMP has been shown, or is suspected, to affect various aspects of cell functions in other mammalian cell types, including hepatocytes, adipocytes, glial cells in certain areas of the brain, cardiomyocytes, smooth muscle cells of the coronary artery, endothelial cells of the pulmonary artery, bone marrow cells, and erythroblasts (see details below). Although the effects of cAMP on renal function are well demonstrated in vivo and occur for plasma concentrations within the physiological range, the effects of cAMP on other cell types have been documented only in vitro and are often enhanced by

the addition of phosphodiesterase inhibitors. It is thus conceivable that, in these cells, cAMP could exert paracrine actions requiring much higher local concentrations of the nucleotide to be active, and controlled by local cAMP degradation. If these different cells were sensitive to changes in cAMP concentrations within the range of circulating levels, their function would always be influenced by liver-borne cAMP in conjunction with that of the kidney. The evidence for such paracrine action in nonrenal tissues is detailed below.

In the liver itself, the organ that, because of its large mass, probably contributes to most of the plasma cAMP, the release of the nucleotide into the extracellular space could also play a paracrine role, enabling cell-to-cell interactions and communication (46, 154). cAMP infusion in isolated perfused liver reproduced the metabolic actions of glucagon (46), and cAMP infusion in rats resulted in hyperglycemia, especially if coinjected with theophylline (which retards cAMP degradation) (123). An increase in blood glucose was also observed in 20 human subjects 10 min after acute cAMP administration (8–12 mg/kg) (103). In the same study, the authors reported that cAMP increased heart rate in seconds and cardiac output a few minutes later. We found no other study describing an effect of cAMP on cardiac function in vivo. However, extracellular cAMP was shown to modulate the activity of the sodium channel in rat, guinea pig, and frog cardiomyocytes in a rapid (<50 ms), reversible, and dose-dependent manner. This effect seems to be mediated by the interaction of cAMP with cell membranes, resulting in the activation of a pertussis toxin-sensitive G protein (158). In the isolated, perfused canine coronary artery, extracellular cAMP was shown to induce vasodilation, but in this case, the effect seemed to depend on prior cAMP degradation into adenosine (121).

Extracellular cAMP was recently shown to influence endothelial cells from human pulmonary microvessels in which it exerts a negative regulation on the inducible expression of prostaglandin H synthetase (55). In the brain, the fact that cAMP is released by glial cells in intercellular spaces suggests that this nucleotide could play a role in neuromodulation of some other signaling molecules in certain brain areas (139, 146). The well-documented egress of cAMP from adipocytes, with a selective hormone dependence, also suggests that extracellular cAMP could exert a paracrine action in the adipose tissue. Whether adipocytes contribute to significantly influence plasma cAMP level and could thus influence renal function remains to be determined.

In murine bone marrow cells, a paracrine effect of the nucleotide could also take place because extracellular cAMP was shown to induce the expression of the lipopolysaccharide receptor CD14 in vitro (131). Finally, extracellular cAMP is suspected to play a role in the regulation of erythropoiesis. cAMP and several analogs have been shown to stimulate erythropoiesis in plethoric mice (132, 155) and hemoglobin synthesis in bone marrow cells from humans, dogs, sheep, and rabbits, but not in cells isolated from rodents (32). However, a rise in hemoglobin, hematocrit, and red cell

mass was also observed in mice after chronic dibutyryl-cAMP treatment (144). The functional consequences of the cAMP release by erythrocytes are not yet known, but it is unlikely that it is purposeless, especially in some birds (e.g., chickens, pigeons) in which adenylyl cyclase activity is very high and cAMP is released in large amounts (18, 51, 72). Aurbach et al. (14) observed that cAMP enhanced sodium and potassium transport in avian erythrocytes in the same fashion as did catecholamines. King and Mayer (99) assumed that cAMP extruded from erythrocytes could carry a message from red cells to some other cell type.

Taken together, the effects induced by cAMP in the kidney and other tissues suggest that this nucleotide binds to specific receptors to influence various cell functions. It seems unlikely that any transporter could make enough extracellular cAMP enter the cells uphill so as to achieve an intracellular concentration high enough to mimic that induced by activation of adenylyl cyclase. Actually, specific cAMP receptors have been identified in lower eukaryotes, as described below.

cAMP RECEPTORS IN THE SOCIAL AMOEBIA *D. DISCOIDEUM*

The amoeba *D. discoideum* lives two independent life cycles (24, 95). Vegetative or growth-stage cells function independently and use phagocytosis or pinocytosis to ingest bacteria or liquid media. On starvation, the cells enter a developmental program that leads to the formation of a multicellular organism composed of a spore head atop a stalk of vacuolated cells, the so-called “fruiting body.” cAMP plays a central role in the transition from single cells to multicellularity. As in most mammalian cells, after its synthesis, some of the nucleotide remains inside the cells where it binds and activates protein kinase A. However, in *D. discoideum*, a significant fraction of cAMP is also secreted outside the cells, where it acts as a chemoattractant by binding to specific surface receptors called cARs (for cAMP receptors). cAMP binding to the receptors activates a multitude of signaling pathways, giving rise to chemotaxis, the synthesis and secretion of additional cAMP (signal relay), and changes in gene expression.

Over the years, *D. discoideum* has proven to be an invaluable model system to elucidate the molecular mechanisms of complex cellular responses, including cytokinesis, motility, phagocytosis, chemotaxis, and signal transduction, as well as aspects of development such as cell-type determination and pattern formation (93). With its highly accessible biochemistry and genetics, this simple organism has brought unique advantages for the study of these fundamental cellular processes, and important generalizations for eukaryotic cells have been derived from studies using *D. discoideum*. Indeed, cloning and deletion of cARs showed that these receptors are essential for chemotaxis. It is now clear that a family of 20 G protein-linked “chemokine” receptors mediate chemotaxis in leukocytes (see

<http://dictybase.org/pnd/> for an outline of the features of *D. discoideum*).

Discovery and Diversity

Cell-surface binding sites for cAMP have been measured throughout *D. discoideum*'s developmental program, although they are most abundant during the aggregation events (89). At this early stage of development, cAMP binds with high affinity ($K_d \sim 300$ nM) to both whole cells ($\sim 50,000$ sites/cell) and membrane preparations (90). Biochemical evidence has suggested that the cAR is coupled to a GTP-dependent regulatory protein. First, the affinity for cAMP has been shown to be reduced in the presence of GTP and, second, cAMP stimulates the binding of GTP to membranes (88, 174). Moreover, the cDNAs for two G protein α -subunits and one β -subunit were identified in *D. discoideum* before the first cAR was cloned.

The first cAR was identified by photoaffinity labeling and subsequently purified from wild-type cells (100). The cDNA was obtained by expression cloning using a monospecific polyclonal antiserum. Analysis of the nucleotide sequence revealed that the gene encodes a 392-amino acid protein with a predicted topology composed of six highly hydrophobic regions followed by a seventh stretch that is less hydrophobic (Fig. 4). This pattern confirmed that cAR belongs to the superfamily of G protein-coupled receptors such as rhodopsin and the β -adrenergic receptor. Indeed, comparison of the cAR and rhodopsin sequences revealed a 32% amino acid conservation over the first 270 residues, a region encompassing the transmembrane domains and connecting loops. The COOH-terminal tail is more divergent, although for both rhodopsin and cAR it is rich in serine and threonine residues. Expression of the cAR cDNA in vegetative wild-type amoebas recapitulated high-affinity binding sites for cAMP in both whole cells and membranes, thereby proving that the cDNA encoded the cAMP binding protein.

With the use of reduced stringency hybridization, three additional cARs were subsequently cloned (152, 153). The four members were therefore named cAR1, cAR2, cAR3, and cAR4 (Fig. 4). They are 60% identical

within their transmembrane domains and connecting loops, but their COOH-terminal tails differ extensively in both length and amino acid sequence. The receptors also differ in their affinities for cAMP: cAR1 and cAR3 possess high-affinity binding sites, and cAR2 and cAR4 bind cAMP, with K_d values in the micromolar range (89). The four receptors are expressed sequentially throughout *D. discoideum*'s development, and the range of affinities of the different cARs mirrors the cAMP concentrations present during the different developmental stages of the organism. Although the exact binding site for cAMP has yet to be mapped on the cARs, the major determinant of cAMP affinity has been mapped to a domain in the second extracellular loop in which only five residues differ between cAR1 and cAR2 (97).

Functional Effects

Using gene targeting and homologous recombination, the biological functions of the four cAR genes have been thoroughly analyzed. Mutants lacking cAR1 (the first cAR expressed) cannot carry out chemotaxis and remain aggregation deficient (165). However, these cells will respond to higher concentrations of cAMP and, under these conditions, will differentiate into multicellular structures. Cells lacking both cAR1 and cAR3 (the second cAR expressed) are completely insensitive to cAMP and never enter the developmental program (85). These results suggest that these two receptors are functionally redundant. Cells that lack either cAR2 or cAR4 (the third and fourth cAR expressed) are fully capable of aggregating but then arrest at the multicellular stages of development (108, 151). These series of experiments therefore underscored the sequential role of the cARs in the development of *D. discoideum* and suggested that the receptors are linked to the similar signaling pathways (96).

The addition of cAMP to cells gives rise to the activation of a variety of effectors, each displaying specific kinetics and regulatory patterns (Fig. 5) (13, 127). A few seconds after receptor activation, increases in cGMP and inositol 1,4,5-trisphosphate production, as well as the recruitment of the pleckstrin homology domain-containing proteins protein kinase B and cytosolic regulator of adenylyl cyclase (CRAC) are observed. At the same time, a dramatic rise in the proportion of polymerized actin occurs. This is quickly followed by phosphorylation of myosin I and II as well as a transient influx of calcium. One minute after the addition of cAMP to cells, the production of cAMP through the activation of adenylyl cyclase peaks and a mitogen-activated protein kinase is phosphorylated. All of these responses are transient, i.e., they subside even in the presence of persistent stimulation. The turning off of the response, also called "adaptation," has been suggested to be dependent on the phosphorylation of the tail of the receptor. Indeed, as shown for other G protein-coupled receptors, cAMP binding to cAR1 leads to phosphorylation of its COOH-terminal tail. With the ease of site-directed mutagenesis and deletion analysis, this phosphorylation has been shown

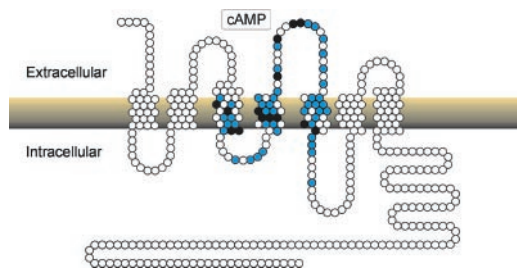


Fig. 4. Topological model of cAMP receptors (cARs). The 7 hydrophobic domains are arranged as α -helices in the lipid bilayer. The extracellular domains are above the helices and the intracellular domains, including the long COOH-terminal tail, are shown below the helices. Each circle represents an amino acid residue in the cAR1 sequence. The blue residues depict similarities and the black residues depict identities between cAR1 and human parathyroid hormone receptor parathyroid hormone receptor 1 (PTH1R).

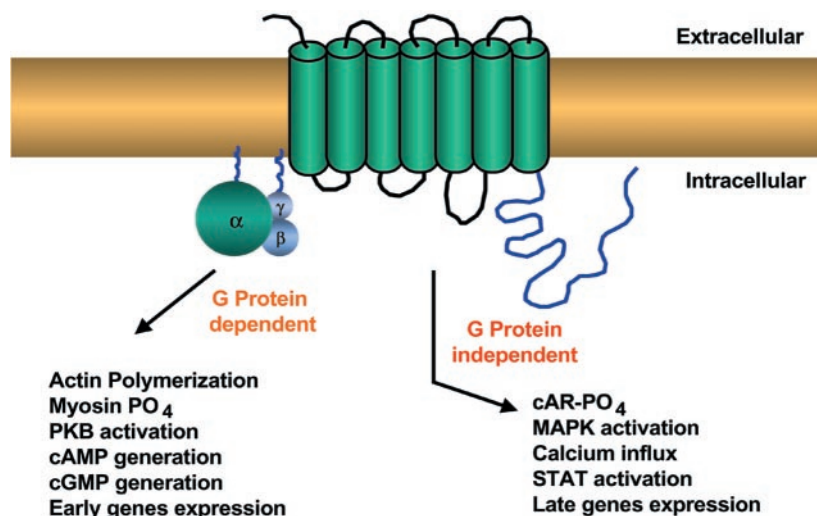


Fig. 5. Functional consequence of the activation of cARs. Diagram depicts the G protein-dependent and G protein-independent pathways arising after binding of cAMP to cAR1. PKB, protein kinase B; MAPK, mitogen-activated protein kinase; STAT, signal transducers and activators of transcription. See text for details.

to be important for the regulation of cAMP binding activity, but, very interestingly, it does not mediate the adaptation response (41, 98). By using cells in which the unique β -subunit of the G proteins was deleted by homologous recombination, it was also demonstrated that a subset of the responses elicited by cAMP is independent of G proteins (113). The interplay between all of these diverse signaling events eventually leads to chemotaxis, cell-cell signaling, and gene expression.

The gene encoding the adenylyl cyclase expressed in early aggregation was cloned, and the resulting protein product shares homology and a typical 12-transmembrane topology with the *Drosophila melanogaster* and mammalian G protein-coupled adenylyl cyclases (134). This enzyme is responsible for the synthesis of cAMP that binds to cAR1 and is required for cell-cell signaling. Cells in which the adenylyl cyclase ACA has been deleted by homologous recombination are devoid of cAMP-induced adenylyl cyclase activity and remain aggregation deficient when starved. Because ACA and ATP binding cassette (ABC) transporters share a similar topology, it was proposed that the adenylyl cyclase could also be involved in the secretion of cAMP. However, when *aca*⁻ cells were transformed with ACG, a novel form of adenylyl cyclase expressed in the germination stage of *D. discoideum* development and predicted to have a single transmembrane domain between large intracellular and extracellular domains, cAMP was normally secreted. To this day, the molecular components involved in the secretion of cAMP remain to be discovered.

cAMP Receptors in Higher Eukaryotes?

Two independent groups recently reported the cloning of a putative G protein-coupled receptor from the plant *Arabidopsis thaliana* that displayed 23% amino acid identity (53% similarity) with cAR1 (91, 135). The sequence similarity extended across the entire protein except for the COOH terminus. The gene product, called GCR1, was identified by screening the dbEST database of expressed sequence tags for sequences that

contained similarities with known seven-transmembrane-receptor sequences. It is expressed at very low levels, and transformation with an antisense construct gave rise to plants with lower sensitivity to the plant hormones cytokinins. It is not known whether the receptor actually binds cAMP, so for now GCR1 remains a putative cAMP receptor. Searches of both the *D. melanogaster* and *Caenorhabditis elegans* genomes have yielded no homologs of cAR1.

Because several types of mammalian cells have been reported to either specifically bind cAMP or somehow respond to extracellular cAMP (see previous section), extensive searches of the mammalian genome databases have been carried out to identify possible homologs to the *D. discoideum* cARs. The most significant result of these searches is the disclosure of a weak homology of cARs with the secretin family of receptors, which includes the PTH and calcitonin receptors. The region of similarity between these receptors and cAR1 falls within the third and fourth transmembrane domains, the second extracellular loop, and the fifth transmembrane domain (Figs. 4 and 6). Interestingly, the region within the second extracellular loop of cAR1 has been shown to be a major determinant for the modulation of affinity for cAMP (97). Because of this homology and of the fact that cAMP exerts PTH-like effects in the mammalian kidney, the possibility that cAMP action in mammals could depend on binding of the nucleotide to a specific region of the PTHR1 receptor (or to another receptor of the same family) deserves to be evaluated.

The essential role of G protein-coupled signaling in *D. discoideum*'s development, together with a mode of functioning that is virtually identical to its mammalian counterpart, underscores the great evolutionary pressure exerted on this signaling cascade. In mammals, the superfamily of G protein-coupled receptors contains >1,000 members and is responsible for a wide range of physiological responses. As presented in this review, a great body of evidence suggests that in mammals cAMP may also act as an extracellular mediator.

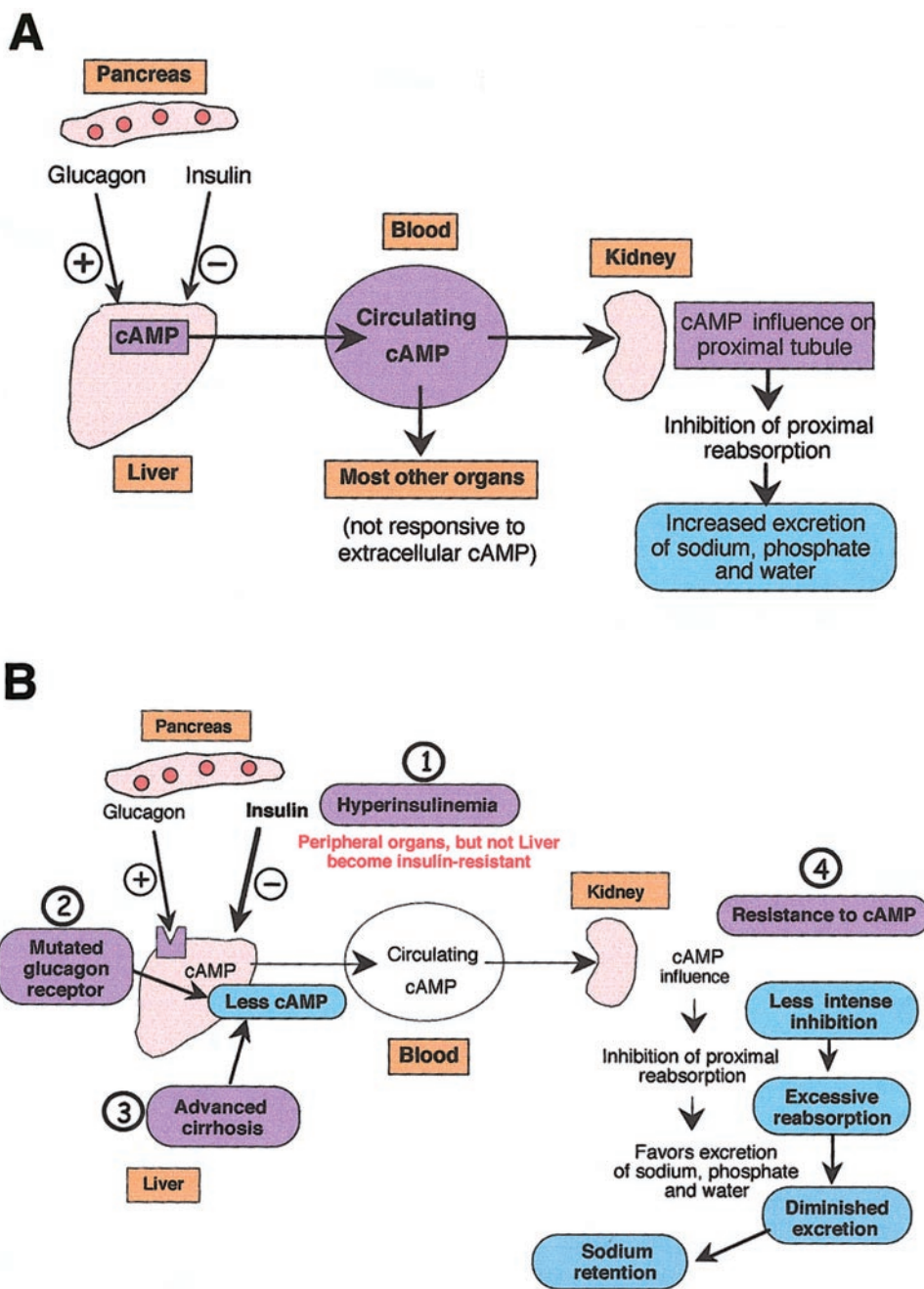


Fig. 7. A: diagram depicting the pancreato-hepatorenal cascade influencing proximal tubule sodium, phosphate, and fluid reabsorption. cAMP is released by the liver into the blood, in amounts depending on the balance between glucagon and insulin actions on hepatocytes. In the kidney, this extracellular cAMP is responsible for a significant, dose-dependent inhibition of fluid and solute reabsorption in the proximal tubule, in a parathyroid hormone-like manner. This effect is assumed to depend on the binding of cAMP to specific receptors, probably localized in the brush-border membrane. B: a deficient pancreato-hepatorenal cascade will result in excessive fluid and solute reabsorption in the proximal tubule. cAMP release by the liver may be reduced because of 1) hyperinsulinemia, 2) a mutation in the glucagon receptor that decreases its binding affinity for the hormone, or 3) a decline in the capacity of the liver to produce cAMP due to cirrhosis. Alternatively, or additionally, resistance to cAMP may be induced in the kidney, possibly linked with respiratory alkalosis (see text).

normotensive, and no association of this mutation with hypertension was found in other studies (70, 169). Nonetheless, the finding of an association between hypertension and a mutation that has only a modest functional consequence on renal function strongly suggests that the pancreato-hepatorenal cascade and its consequences on sodium reabsorption in the proximal tubule contribute to the regulation of blood pressure in humans. Because the mutation reproduces a liver response similar to that observed when insulin action on this organ is inadequately increased, and because insulin resistance is often observed to occur in peripheral organs but not in the liver (61, 144a), the above observations support the novel pathophysiological mecha-

nism proposed here for explaining the association of hypertension with hyperinsulinemia and insulin resistance.

Cirrhosis and Hepatorenal Syndrome. Congestive Heart Failure

The hepatorenal syndrome is characterized by severe fluid and sodium retention due, at least in part, to excessive salt and water reabsorption in the proximal tubule, and by an intense selective renal vasoconstriction. It may be assumed that the severely diseased liver is no longer able to produce sufficient amounts of cAMP (Fig. 7B). The role of extracellular cAMP on

renal function described above may explain the high avidity of the proximal tubule for sodium and the fall in GFR. Actually, patients with various liver diseases may, in some cases, exhibit a blunted cAMP response to glucagon stimulation (2, 45, 114). An involvement of liver-borne cAMP in the glucagon-induced hyperfiltration is suggested by the observations of Levy et al. (104, 105), who showed that an iv infusion of glucagon raises GFR in normal dogs but not in cirrhotic dogs, in which the hepatic release of cAMP may be blunted. Resistance of the kidney to the action of cAMP may also be suspected in cirrhosis as a consequence of the well-documented respiratory alkalosis (116), because a resistance to the phosphaturic effects of PTH, cAMP, dibutyryl-cAMP, or glucagon has been observed in rats with respiratory alkalosis (82, 83, 138). In support of this hypothesis, Ahloulay et al. (8) observed that cAMP infusion in cirrhotic rats with ascites failed to increase phosphate and sodium excretion as it did in control rats.

Preliminary results in rats with cirrhosis (induced by chronic bile duct ligation) show that $[P_{\text{cAMP}}]$ is actually raised above normal when the disease is moderate but falls significantly when rats exhibit a strongly positive sodium balance and develop ascites (Ahloulay M, Bankir L, Déchaux M, and Lebrech D, unpublished observations; Ref. 8). The initial rise in $[P_{\text{cAMP}}]$ might be related to the marked hyperglucagonemia that characterizes the early phase of cirrhosis. Similarly, in humans, $[P_{\text{cAMP}}]$ appeared to be higher in 50 cirrhotic subjects than in healthy individuals, but, among cirrhotic patients, it was lower in those with severe ascites than in those with mild ascites (Ahloulay M, Bankir L, Déchaux M, and Lebrech D, unpublished observations). Whether this late fall in $[P_{\text{cAMP}}]$, a resistance to the proximal tubular effects of extracellular cAMP, or an increased formation of adenosine (resulting from cAMP catabolism) plays a role in sodium retention and abnormal fluid accumulation remains to be determined.

The similarity of edematous symptoms observed in hepatic cirrhosis with ascites and in congestive heart failure (CHF) suggests that these disorders could result from a common pathophysiological mechanism. The heart has been shown to release cAMP in vitro (124). Defective cAMP production in failing human hearts (23) or resistance of the kidney to cAMP could thus be involved in the edema of CHF. However, this remains speculative at present.

Glomerular Hyperfiltration in Diverse Situations

As explained above, an increase in $[P_{\text{cAMP}}]$ contributes to glomerular hyperfiltration when combined with an elevation of plasma glucagon (6). In several pathophysiological situations, such parallel increases in the two mediators are observed and may explain a rise in GFR. In diabetes mellitus, elevated glucagon secretion is observed in the absence (type 1) or lack of effects of insulin on the liver (type 2) (3, 81, 111, 172, 173), resulting in elevated $[P_{\text{cAMP}}]$ (107). The combination of

high glucagon and high $[P_{\text{cAMP}}]$ could contribute, at least in part, to the hyperfiltration known to occur in the early phase of the disease.

In chronic renal insufficiency, hyperfiltration in residual intact nephrons is thought to compensate, at least partially, for the reduced filtration in sclerotic glomeruli. Increases in both plasma cAMP and glucagon have been reported in renal failure (75). Thus a combined and parallel elevation of these two mediators could account, at least partially, for the progressive hyperfiltration seen in remnant nephrons. Finally, the compensatory adaptation of GFR seen after acute uninephrectomy could also be explained by this same mechanism because the reduced excretion of cAMP and the reduced renal clearance of peptidic hormones resulting from the sudden halving of functioning renal mass will result in a rapid rise in their plasma concentrations.

CONCLUSION

In conclusion, a wide body of experimental observations suggests that extracellular cAMP could exert endocrine and paracrine actions in several mammalian tissues. These actions could result from the binding of cAMP to specific cell membrane receptors, like those identified in *D. discoideum*, and subsequent transduction of the signal by as yet unidentified pathways. Specific receptors also exist for a number of other adenine (50) and purine nucleotides (53, 86, 156). Calcium, another second messenger, has also been shown to behave as a first messenger, binding to specific membrane receptors ("calcium sensor") (31). The modest homology between the mammalian PTHR1 receptor and the cloned cAMP receptors in *D. discoideum*, together with the similarity between the effects of extracellular cAMP and those of PTH in mammals, raises the possibility that the PTH receptor (or related member of the same family) could be also a cAMP receptor. Whether this hypothesis receives confirmation, cAMP may no longer be regarded only as a second messenger but should also now be looked at as an interorgan mediator ensuring coordinated actions in liver and kidney, and as a paracrine factor in several other tissues.

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